

September 2023

Greater Kansas City - Topeka Psychoanalytic Center

From the Center President

Dear Members,

The Center continues to be thriving and robust. Work continues on the brochures for the various Center functions, and the Marketing and Outreach Committee has been highly productive. The Seminar and Committee on Diversity, Equity, and Inclusion, a relatively recent addition, continue to grow and receive much praise from participants. The DEI Committee is currently undertaking an in-depth review of the Holmes report and will be reporting their summary to the Center at large at some point in the future. The Programs



Committee is well under way with the planning for Monday Night Seminars and our Annual Workshop presentation in the spring. If anyone has suggestions for workshop or seminar presenters please contact Lori Hoodenpyle, program chair, with your ideas or suggestions. Additionally, if you or someone you know would like to make a presentation in one of our seminar time slots, please let Lori know. If you know of anyone who has an interest in psychoanalysis at any level, please have them contact Deana Schuplin in our Department of Psychoanalytic Education (DPE). There are several opportunities for clinicians and non-clinicians to participate.

We are almost midway through the first academic quarter at this writing, and I believe the academic year has gotten off to a relatively smooth start. Technical issues continue to plague the computer set-up in the 4th-year classroom, and I want to thank Sheryl Poague for her patience and persistence in working to resolve these issues. I also want to thank the 4th-year candidates for their patience with this process.

Thinking ahead to the end of the academic year, if you have ideas about another venue for our graduation and awards ceremony other than Lydia's, please contact me or Sheryl Poague with ideas and suggestions. Lydia's has always been well suited for our group, but we are open to other possibilities. Many years ago, it was not unusual for there to be some form of entertainment at these events. These were usually little skits of one sort or the other, sometimes created by candidates or talented Center members. So, if you have some talent, creativity, or just like to be the center of attention for a bit, please

think about that as a possibility for the future. I want to thank everyone who has contributed to the Center with their time and energy for helping to make this a thriving and inviting psychoanalytic setting.

Thomas Bartlett, Center President

IPA Conference in Cartagena

Six of us, accompanied by members of the next generation of psychoanalytic practitioners, and several spouses attended the International Psychoanalytical Association Congress in Cartagena, Columbia the week of July 24.



What a spectacular experience from the beautiful smiles of the friendly faces of Colombians, to the thickets of “sellers” offering taxi rides, jewelry, hats, water, and food amidst the beautiful architecture, centuries old and brand new, to the varied beauty of the land and sea. More than that was a chance to learn about how the country is endeavoring to deal with deep and long-standing inequities.

Here’s a link to an awe inspiring and beautiful performance we were privileged to see.
<https://revista.drclas.harvard.edu/negra-anger/>



The depth of Colombian culture was evident everywhere including a modern art museum in the midst of the old city. Further out along the coast stood beautiful white high-rises lit by the sun and backed by the sea. But also of note are the barrios glimpsed from the air but hidden on the outskirts of the tourist area.

The Congress theme “Mind in the Line of Fire” considered many angles of the challenges we face as individuals and psychoanalytic practitioners, as well as the challenges we face as a world and what we have to offer those challenges from psychoanalysis. The depth of analytic thinking, as applied to all the “fires” that are ablaze, and the depth of community as we had a chance to spend time together outside of our usual routines was a rich and renewing experience for me, as has been affirmed by others.



We wish more of you could have joined us in these encounters and look forward to chances to share with you more of our experience.

Deana Schuplin

A NEW DIVERSITY, EQUITY &

INCLUSION SEMINAR SERIES

The Myth of the Lost Cause and the Delusions of Everyday Life

This seminar will be devoted to the careful reading and discussion of two books: "Robert E. Lee and Me: A Southern's Reckoning with the Myth of the Lost Cause," by Ty Seidule; and, "Delusions of Everyday Life," by Leonard Shengold. Seidule's book recounts his coming to terms with his southern heritage and its unquestioned acceptance of slavery. Shengold's book is an explication of how delusions function developmentally and continue to persist in adult character.

This course is open to all interested. However, enrollment is limited to the first 15 people to register.

Instructors: Paul Koehler, LCSW, is a graduate of the Institute for Psychoanalytic Psychotherapies and of the Washington School of Psychiatry's Object Relations Training Program. He is a faculty member of the Greater Kansas City Psychoanalytic Institute. He is in private practice in Doylestown, PA. Karen Fraley, LCSW, holds a certification in Object Therapy from the International Psychotherapy Institute and is a current faculty member there. Karen is in private practice in Exton, PA.

**Date: 3rd Wednesday of the month, beginning October 18, 2023
To conclude April 17, 2024 (7 sessions)**

Time: 7:00 p.m. to 8:30 p.m. Central Time on Zoom

Fees:

\$270 Regular Attendees (includes up to 10.5 CMEs)

\$225 GKCTPC Members (includes up to 10.5 CMEs)

\$115 Candidates/students (includes up to 10.5 CMEs)

Learning Objectives:

After attending this session, participants should be able to:

1. Recognize and assess delusional ideas and functioning in otherwise well-functioning adults.
2. Develop and create strategies for challenging and disillusioning delusional ideas in work with patients.

To register, please [click here](#).

| | First Quarter | Second Quarter | Third Quarter | Fourth Quarter |
|---------------------------|--|---|--|--|
| Dates (exclusions) | Sept. 8 – Oct. 27 | Nov. 3 – Jan 12 (Thanksgiving: Nov. 24, 2023) (Christmas: Dec. 22, 2023) (New Year's: Dec. 29, 2023) | Jan. 19– March 15 (APSA National Meeting: Feb 9, 2024) | March 22 – May 17 (Spring Break: March 29, 2024) Center Dinner: June 1, 2024 |
| First Year | PSA Theory (History of Psychoanalytic Thought) | PSA Theory (Introduction to Freud) | PSA Technique (Developing a Psychoanalytic Treatment) | PSA Technique (Transference Matrix) |
| 1:30 | | | | |
| 3:15 | Continuous Case Seminar | Continuous Case Seminar | Continuous Case Seminar | Continuous Case Seminar |
| 5:00 | PSA Technique (Intro to Psychoanalytic Psychotherapy) | Human Development (Infancy & Early Childhood) | Psychopathology (Intro to Psychodynamic Psychopathology) | Psychopathology (Psychoanalytic Assessment)* |
| | | | | <small>*course includes writing & presenting on individual assessment – actual or from the arts</small> |
| Second Year | PSA Theory (Ego Psychology: Freud to the Present) Bennett | PSA Theory (Object Relations 1) Mosca | PSA Theory (Self-Psychology) Almond | PSA Theory (Relational Theories) Almond |
| 1:30 | | | | |
| 3:15 | Continuous Case Seminar Schuplin | Continuous Case Seminar Zeitner | Continuous Case Seminar Buchele | Continuous Case Seminar Hayes |
| 5:00 | PSA Technique (Interpretation) Schuplin, Hayes | Special Topics: Professional Issues (Ethical Thinking & Practice)** Fraley | Psychopathology (Trauma & Loss) Koehler | Psychopathology (Personality Styles: Schizoid, Borderline & Narcissistic) Tyndall, Mundis |
| | | <small>**Course includes writing and presenting</small> | | |
| Third Year | Psychopathology (Body & Psychosomatics) | Human Development (Latency & Adolescence) | PSA Theory (Melanie Klein & the Modern Kleinians) | PSA Theory (Gender & Sexuality) |
| 1:30 | | | | |
| 3:15 | Continuous Case Seminar | Continuous Case Seminar | Continuous Case Seminar | Continuous Case Seminar |
| 5:00 | PSA Technique (Countertransference & Enactments) | PSA Theory (Dreams: Theory & Technique) | PSA Technique (Middle Phase of Psychoanalysis) | PSA Theory (Object Relations II: Theory and Practice) |
| Fourth Year | Psychopathology (Substance Use & Eating Disorders) Schuplin, Hayes | Special Topics (Psychoanalytic Couples & Family Therapy) Zeitner | Special Topics (PSA Theory & Technique of Groups) Buchele | PSA Technique (Criteria & Process of Termination) Zeitner |
| 1:30 | | | | |
| 3:15 | Continuous Case Seminar Schuplin | Continuous Case Seminar Zeitner | Continuous Case Seminar Buchele | Continuous Case Seminar Hayes |
| 5:00 | Special Topics (Psychoanalysis and Neuroscience & Medication) Blakely, Bartlett | Human Development (Adult Development) Koehler, Hoodenpyle | Psychopathology (Sadomasochism) Oz, Feuer | PSA Technique (Integration: Theory & Technique)+ Schuplin |
| | | | | <small>+course includes writing & presenting a clinical vignette based on material from clinical work or the arts/literature</small> |

Center Dinner and Awards Night



Congratulations to Breck Mundis. He completed his training at the Greater Kansas City Psychoanalytic Institute and is now a Graduate Analyst. He is also working toward his doctorate at the Boston Graduate School of Psychoanalysis. Way to go, Breck!



Congratulations to Dr. Michael Harty on his retirement from teaching and his private practice! We are grateful for all you have done for the Center and the Institute over the years as well as for the psychoanalytic community and so pleased that you continue to offer psychoanalytic supervision to our Candidates. Thank you, Dr. Harty!

Also, congratulations to Dr. Sue Russell who is retiring from teaching at the Institute! We are so appreciative of your involvement and support over the years. We are beyond grateful for your many contributions. Happy retirement!



Click [here](#) to see more photos from the dinner/awards night

Informational Session on Oct. 21

Come join us to see what current psychoanalysis is
all about!

Find out all you would like to know about our community and training
opportunities.

Click [HERE](#) to register!

**GKCPI Informational Meeting
October 21, 2023**

10:00 a.m. - 12:00 p.m. In Person

12:00 p.m. - 1:00 p.m. Lunch provided for in person attendees

**1:30 p.m. - 3:30 p.m. Online via Zoom (in person attendees may stay and
sign into experience the hybrid format)**

- Description of Institute & Center programs
- Information about community involvement
- Hear from current faculty about the ongoing benefits of psychoanalytic engagement
- Hear from current Candidates about their experiences
- Plenty of time for questions, including breakout groups

***This is a great opportunity to have all of your questions answered before
the application deadline of February 1st, 2024 for the 2024-25 Academic Year.**

Diversity, Equity and Inclusion Seminar Series



In April, we concluded our DEI Seminar Series: Illuminating the Racialized Colonialist Influences Embedded in the Creation and Development of Psychoanalytic Theory and Practice. The group carefully read and studied Celia Brickman's challenging book, "Race in Psychoanalysis: Aboriginal Populations in the Mind."

Thank you to Paul Koehler and Karen Fraley for facilitating the seminar, and to our 8 participants.



Paul shared that, "In this book, Brickman traces the (even then reputed) anthropological theories that Freud drew from and relied upon as he formulated the basic texts and tenets of psychoanalysis, and she carefully explicates how those theories were organized and indexed along the racialized categories that had been used to rationalize and justify the colonial enterprises of the previous centuries. Brickman also forcefully explicates how, in our casual use of the word 'primitive' and in our sometimes smug, unquestioning reliance on the inherent 'authority' of the analyst or therapist, we risk continuing to enact - rather than recognize - the racialized elements embedded in our history, our theory, and our day-to-day practice. The seminar raised many questions and concerns for us, which we hope to continue to engage with in future offerings."

Spotlight

APsA president-elect nominee Bonnie Buchele

When Bonnie Buchele's third term as secretary of the American Psychoanalytic Association (APsA) was scheduled to end in June 2024, she figured her leadership involvement with the organization would also come to an end.

But then she was nominated to run for president-elect. And she said yes.

"I enjoy doing these things, and I was interested in the job," Bonnie said.



The election will take place between November and the end of January 2024. If elected, Bonnie would be president-elect for two years and in June 2026 would become president.

Becoming president-elect and then president would be a big commitment, but

it involves two of Bonnie's favorite things.

"I love psychoanalysis and I love leadership," she said.

Bonnie has a long list of various leadership positions she has held over the years, starting with her first leadership position — when she was the first chair clarinetist of her high school band.

Since then, she became more and more interested in and involved in leadership roles, including when she was at the Menninger Clinic in Topeka from 1964 to 1995, where she was introduced to psychoanalysis.

"When I came to Menninger, psychoanalytic thinking was everywhere in the atmosphere," Bonnie said. "I was surrounded by wonderful teachers and brilliant thinkers. I became very interested in doing psychotherapy and then psychoanalysis."

Bonnie moved to Kansas City, MO, in 1995 and soon connected with other psychoanalysts. She was involved with the Greater Kansas City Psychoanalytic Institute from the beginning.

"When I moved to Kansas City, the Institute was a study group, but we were interested in becoming an Institute," she said.

Bonnie served as director of the Institute from 2005-2010. She currently is on the faculty of the Institute and serves as a liaison with APsA.

She remains as involved as ever with her two favorite professional passions: psychoanalysis and leadership.

"That's why I am agreeing to be president-elect and president," she said.

"Because I believe psychoanalysis has a lot to learn from the world but it also has a lot to offer to the world in these troubled times."

MONDAY NIGHT SEMINAR

Oct. 16 on Zoom



The Unsettling Dis-ease of Late Modern Life: A Psychosocial Perspective on (Corona Virus) Boredom with Jenny Huberman, PhD

This talk explores how boredom emerged as a central threat to Americans' sense of well-being in the early days of the Covid 19 pandemic. Drawing upon media coverage from a range of sources, I ask, what do responses to the Covid 19 pandemic reveal more generally about the way boredom has emerged as one of the central dis-eases of modern life? Why has free time become something that increasingly generates intolerable anxiety? In what ways can studying responses to the Covid lockdown help us trace larger

transformations in the social construction and subjective experience of time? I argue that while many Americans experienced boredom as a form of social death engendered by the deroutinizing aspects of lockdown life, responses to the Covid 19 pandemic also reveal the way boredom has emerged as a form of psychic alienation permeating the very core of American Society. Drawing upon insights from psychoanalytic theory, I will ultimately propose that our dis-ease with free time may be linked to a growing incapacity to fantasize as more and more of our mental lives are colonized by the digital infrastructures and extractive imperatives of our 24/7 society (Crary 2014).

[Click HERE to register!](#)

Candidates

Advanced Candidates:

Thomas Bartlett, PsyD
Jeremy Burd, MD
Jennifer Dembowski, MA, LCPC

Second-Year Candidates:

Iman Burns-Khan, LISW
Linden Dalecki, PhD
Yasaman (Yasi) Hemmat, MD
Jenny Huberman, PhD
Jeremy Kinser, PhD
Elise Sanders, LPC
Andrew Schuplin, MS
Charles West, MA

Fourth-Year Candidates:

Holly D. Anderson, LCMFT
Christine Rio Bistis-Nadala, MD, PhD,
MPM
Carrie M. Duncan, PhD
Scott Koeneman, PsyD
Raelyn M. Koop, LPC
Jose Gary B. Nadala, MD
Marrissa Rhodes, MS, MA, LPC

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